

## Harmony Middle School (HRMS) -Physical Education

Student Name: \_\_\_\_\_ Grade \_\_\_\_\_ PE Class Period: \_\_\_\_\_

PE Teacher (circle one)      Arnold      Schafer

Please read the following rules and regulations carefully. Please return a signed copy.

**MISSION:** To allow every student to have an opportunity to maintain physical fitness, to understand its importance and to provide a wide variety of physical activities and games for lifetime use while maintaining a safe environment.

**LOCKS:** Students must use the HRMS locks provided. Locker rental is \$5 for the year for a locker. These can be purchased in person (along with PE uniforms) in class or online at [www.myschoolbucks.com](http://www.myschoolbucks.com). Lock must be returned at end of year. Please write your combo in your agenda or a safe place. STAFF will have a key to access if needed.

**VALUABLES:** All personal items should be locked up in the locker room. Please do not bring large amounts of cash or valuables to school. HRMS faculty/staff are NOT responsible for lost/stolen items.

**DRESS:** All students will wear the Harmony Middle designated PE uniform & athletic shoes. Hats/visors are permitted in the PE area only but are not permitted anywhere else on campus. **PLEASE PUT YOUR NAME/INITIALS ON YOUR PE CLOTHES WITH A SHARPIE.** Students are highly encouraged to dress out in PE and it is part of their grade. **SHOES should be an athletic type shoe- no boots, Sperry's, slides/crocs or flats.**

**Social Distancing:** We will ask that all students do their best with social distancing. Our class numbers are lower & we have set up the lockerroom to space the students out by color-coding the locker columns. We will cover during the 1<sup>st</sup> week of class the safety procedures.

**PE UNIFORMS:** Uniforms are for sale through the PE department and online at [www.myschoolbucks.com](http://www.myschoolbucks.com)

\$10 for cotton t shirt (gray) or \$15 for dri-fit shirt (gray or burnt orange)

\$10 for mesh blue shorts or \$15 for dri-fit blue shorts

\$5 for locker/lock rental for the year (our school locks must be used and will be provided with rental)

\$20 Two-sided Athletic Sports shirt (can be used in PE and worn on Spirit Fridays)

**PERSONAL HYGIENE:** Students must supply and be responsible for his/her personal toiletry items. We highly suggest they keep hand sanitizer in their locker/book bag. Students are expected to wash PE uniforms on a regular basis. Students may NOT have any of the following items...NO AEROSOL SPRAY, BODY SPRAY, PERFUME OR COLOGNE. NO GLASS BOTTLES OF ANY KIND. We suggest keeping an extra pair of athletic clothes from home just in case. Please have deodorant for your student.

**GRADING:** A student's grade will be based on student readiness 15% (proper clothes and athletic shoes), activity engagement (45%), assessments (30%) and other (10%).

**ELECTRONIC DEVICES:** Use of electronic devices in school should be limited. If students have a situation they need to use- they should ask the coaches first please.

**TARDINESS:** Being tardy to PE will not be tolerated. When the tardy bell rings the students should be inside the gym. Teacher/Office passes are the only excused tardies. Locker rooms are closed once dress out time is complete.

**MEDICAL EXCUSES:** In order to be excused from participation due to an illness, a student must bring a note from a parent/guardian stating the illness or injury. An excuse of more than 3 consecutive days must be accompanied by a physician note. In order to be excused from participation due to an illness, a student must bring a note from a parent/guardian stating the illness or injury. An excuse of more than 3 consecutive days must be accompanied by a physician note.

**HARMONY MIDDLE SCHOOL  
PE HEALTH QUESTIONNAIRE**

**PE class period** \_\_\_\_\_

**Dear Parent:** This information is imperative for your child to participate in HARMONY MIDDLE SCHOOL Physical Education classes.

\*\*In addition to the form ANY STUDENT PARTICIPATING in afterschool intramurals must have the new Osceola County Physical form (FC-600-2466) **AND** the middle school consent form on file. These forms may be obtained from the PE department.

Name of Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_ Parent E-mail address: \_\_\_\_\_

Emergency contact person and number: \_\_\_\_\_

PLEASE STATE HERE ANY MEDICAL CONCERNS OF YOUR CHILD: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Consent and release to photograph/videotape student**

**Do Consent** \_\_\_\_ **Do Not Consent** \_\_\_\_ to the photographing/videotaping of my child while he/she is involved in any school programs and/or activities during the present school year. I also consent to the release of my child's name, both verbally and in print, when used in connection with said photograph/videotape. It is understood the photograph (s)/videotape (s) and the name of my child may be used for promotional purposes inside and/or outside of the School District of Osceola County, Florida.

**Do Consent** \_\_\_\_ **Do Not Consent** \_\_\_\_ to the use of the above mentioned photograph(s)/videotape(s) and the name of my child for promotional purposes on the Internet.

I hereby release and waive any and all claims, demands, or objections against the said school and school district in connection with or arising out of the said photograph/videotape of my child.

It is understood that the school or school district will not duplicate photograph(s)/video(s) for the use or benefit of any individual student or parent. It is also understood that failure to return this permission form to the school will constitute parent/guardian consent for the purposes described above.

\_\_\_\_\_ / \_\_\_\_\_

Parent/Guardian signature

Date

**\*PLEASE RETURN THIS SIGNED FORM TO YOUR PE COACH\***